

Residential Placement Fact Sheet

Specialized Family Care (SFC)	Unlicensed Residential Person-Centered Support Setting	Intermediate Care Facilities (ICF)	Adult Family Care (AFC)	Personal Care Home (PCH)
Design	Specialized Family Care (SFC) is a long-term foster care program for both children and adults with intellectual and/or developmental disabilities. The program seeks long term, preferably permanent, placements where the placed individual becomes part of the family. SFC homes may provide care to individuals with a wide range of disabilities. SFC homes want to be the forever home that provides the love, care and supervision these individuals need to live a healthy and fulfilling life.	Unlicensed Residential Person-Centered Support Settings (URPCSS, formerly ISS) are residential home settings for one to three adults living in a home or apartment. A behavioral health agency provides supports and supervision to ensure all basic needs are met and allowing for a safe and healthy environment for the individuals in placement. Because it is essentially a private home for individuals, those living in this setting may take on more responsibility for the upkeep and care of their home and personal belongings. Those in this setting may help in their care by helping with grocery shopping, doing their laundry, cleaning their home, etc. An URPCSS may serve individuals with mobility disabilities or a combination of health issues.	Intermediate Care Facilities (ICF) facilities provide housing and care in small facilities throughout the state. The facilities are typically operated by behavioral health facilities. Commonly, four to eight people reside in each facility, with 24 hour staffing. These facilities are licensed through the Office of Health Facilities Licensure and Certification (OHFLAC). The services provided are based on each person's needs, which vary according to age and level of disability. Covered services that are part of the per diem rate include room and board, nursing services, non-covered drugs, medical supplies, accessories and equipment and rehabilitation services.	Adult Family Care (AFC) Homes are placement settings for adults that provide support, protection and security in a family setting. This may be an appropriate option for individuals who are no longer able to safely remain in their own homes due to physical, cognitive, and/or emotional deficits. Although an individual may be experiencing deficits in one or more of these domains, the deficits are not significant enough to warrant the level of care provided in an assisted living facility or nursing home.
	SFC providers are responsible for providing care and supervision and assisting the person in meeting any objectives outlined in program plans or nursing plans of care. Individuals in placement participate in family activities such as attending concerts, sporting events, going camping or on family vacations.	These settings must meet the same criteria required for an intermediate level of care. They provide care 24 hours a day seven days a week. Services available are monitoring, supervision, assistance and instruction and may also include medication administration, nursing, payeeship and therapies. Usually the person has little choice in the staff.	To qualify for Medicaid reimbursement, ICFs/IID must be certified and comply with federal standards in eight areas: management, client protection, facility staffing, active treatment, client behavior, facility practices, health care, physical environment and dietetic services.	The AFC provider has a very important role in the resident's life. While ensuring that the residents are comfortable and accepted in the family, they also provide assistance in completing some daily activities. The type of assistance needed will vary based on the needs of the individual residents in the home. An equally important role of the provider is encouraging each resident to function as independently as possible.
Services				A PCH is licensed to provide a room and meals, supervision of activities of daily living and supervision of medications. A PCH may provide limited and intermittent nursing care. This service is a direct hands on nursing care of individuals who require no more than two hours of nursing care per day for a period of time no longer than ninety consecutive days per episode. PCHs are licensed for four or more beds. The number of beds a facility is approved for is based on regulations applied to the physical structure of the facility.

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Purpose	<p>The initial purpose of SFC was to provide family-based housing and care for children and adults with intellectual and/or developmental disabilities who had been institutionalized in state hospitals as children. As the program grew, it also began serving adults and children who are at-risk of being institutionalized or placed in a more restrictive environment. The purpose of SFC remains to provide housing and care, along with the support that comes from family life.</p>	<p>The purpose of these unlicensed settings is for the person to live independently in their own home/apartment. This setting may have one to three people sharing living space. The individuals living in this setting pay rent and other costs associated with an independent home. No biological, adoptive, or other family members or natural supports reside in the home setting with the person. The agency operating the setting is responsible for providing staffing to meet the needs of the individuals in the home, up to 24/7 care.</p>	<p>This program was established in 1971 due to legislation providing Federal Financial Participation (FFP) for ICFs/MR as an optional Medicaid service. This allows states the option to receive federal matching funds for institutional services. Most of the ICFs/IID in West Virginia serve individuals with developmental disabilities who may be non-ambulatory, have seizure disorders, severe behavior concerns, mental illness, visual or hearing impairments, complex health problems, or a combination of these issues.</p>	<p>The AFC Program is specifically designed to provide a supported living arrangement for adults who are unable to live alone but wish to live in a family setting. They may require some assistance with daily activities but are still able to do many of these activities with little or no assistance. For instance, they may need some help with dressing, meal preparation and shopping but are able to walk, eat and care for their personal needs independently. To be eligible, the adult must be 65 years of age or older or at least 18 years of age with a disability or at least 18 years of age and receiving Adult Protective Services from the WV DHHR.</p>	<p>Personal Care Homes (PCH) are group living facilities that provide more intensive supervision and care in comparison to other housing options. Personal Care Homes with ten (10) or more residents must have, at a minimum, one awake staff 24 hours a day. Additional personal care staff must be available as required by OHFLAC in order to provide the care residents require. In addition, a PCH may not admit a resident in need of extensive or ongoing nursing care. A PCH may not admit a resident if the facility cannot provide the level of care required by the resident.</p>
Funding	<p>To receive placement an individual must have an I/DD diagnosis and qualify for Medicaid Title XIX I/DD Waiver services, Medicaid Personal Care Services or be able to private pay for services received.</p>	<p>Unlicensed residential person-centered support settings are funded through the WV Home and Community Based Waiver program. The individual approved for such a setting must have funding through the Medicaid Title XIX I/DD Waiver Program.</p>	<p>All placements must qualify for Medicaid assistance financially. ICFs/IID in this state are primarily for adults.</p>	<p>Payment to the Adult Family Care Provider is made on a monthly basis. In most instances, the adult has income of their own which they are required to use toward the cost of their care. In instances where the adult's income is less than the established cost of their care, the Department of Health and Human Resources may make a supplemental payment for the balance of the monthly payment.</p>	<p>Payment to the Personal Care Home providers is made on a monthly basis. In most instances, the adult has income of their own which they are required to use toward the cost of their care. In instances where the adult's income is less than the established cost of their care, the Department of Health and Human Resources may make a supplemental payment for the balance of the monthly payment.</p>