

Assessing the needs of West Virginians with **Co-existing Intellectual/Developmental Disabilities and Mental Illness**

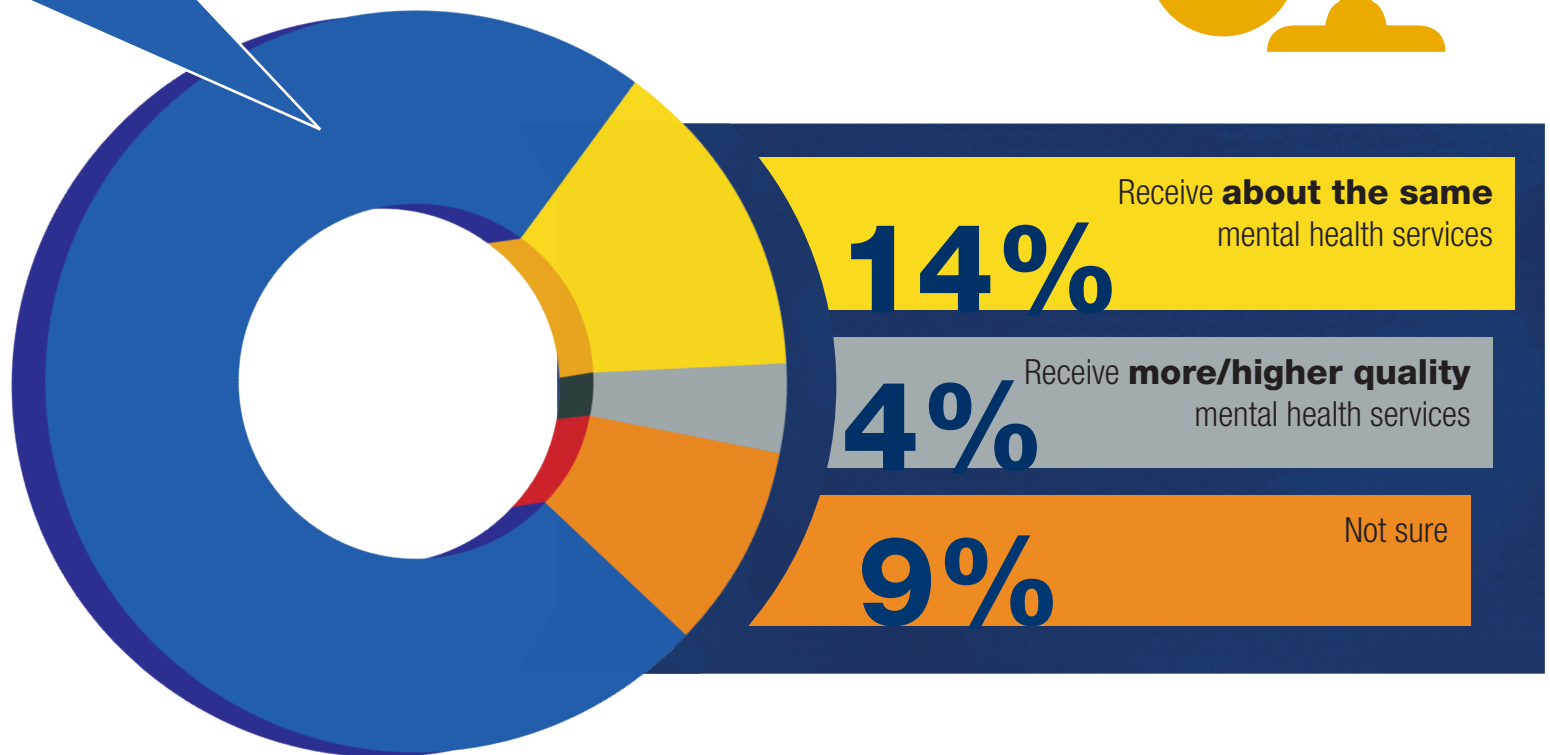
Riley, A.; Maha, G.; Brunson, L.; Cottrell, L.; Frey-McClung, V.; West Virginia Intellectual/Developmental Disabilities and Mental Illness Co-existing Needs Assessment Survey. In Progress WVU IRB Protocol # 1806163329A001

This 2018 research study conducted by the WVU Center for Excellence in Disabilities examined barriers to existing services and explored service gaps for individuals with co-existing intellectual/developmental disabilities (I/DD) and mental illness (MI). The primary objective of the study was to learn what needs people with co-existing I/DD and MI conditions have to better advocate for those services. **A total of 395 mental health and/or I/DD service providers from across the state completed the survey.**

ACCESS TO CARE

73%

Report People with I/DD receive **less/lower quality mental health services** than the rest of the population in WV.



9 out of 10 rated access to mental health services as “poor or fair”.

of WV mental health and/or I/DD service providers

Top 5

Reported BARRIERS to Service



- Lack of in state resources/services – **69.6%**
- Limited knowledge of existing resources – **66.8%**
- Lack of agency/service collaboration – **61.0%**
- Long waitlists – **59.2%**
- Lack of transportation – **57.2%**

Service domains explored:

- Collaboration between service models / agencies
- **Community integration services**
- Comprehensive community mental health resources
- **Crisis response services / Crisis respite**
- Daily living supports for people with brain injury
- **Daily living supports for people with intellectual disabilities**
- Daily living supports for people with physical disabilities
- **Dietary and nutrition services**
- Healthcare professionals knowledgeable of developmental disabilities / working with people who are not the “standard patient”
- **Holistic healthcare options**
- Long term housing assistance
- **Intensive outpatient services**
- Legal counsel
- **Life skills resources / education**
- Mental health treatment groups
- **Substance abuse relapse prevention and compassionate treatment**
- Music / Art / Recreational opportunities
- **Peer support groups**
- Positive behavior support services
- **Rehabilitation and employment opportunities**
- Specialized residential facilities
- **Therapists / Mental health providers for people who have limited communication**
- Transitional living services
- **Transportation**
- Trauma Informed care throughout systems
- **Wraparound / Safe at home**

Nearly **8 out of 10** rated **QUALITY** of each service domain as **POOR or FAIR** (range: 78.5% - 92.8%)

More than **HALF** rated the **LEVEL of NEED** for each of these service domains as a **HIGH Level or SIGNIFICANT Level* of NEED** (range: 57.6% - 87.5%)

*Does not refer to statistical significance

Next Steps:

1. Advocate for services for people with co-existing I/DD and MI to prevent crisis situations.
2. Promote awareness of existing services.
3. Establish services for I/DD.
4. Identify strategies to overcome barriers to services.
5. Improve access to quality care for individuals with co-existing I/DD and MI conditions.

For more information, please contact the PBS Program: **1-855-558-4296**